

Carlow & Kilkenny Children & Young People's Services Committees

Newsletter compiled by Mairéad Maddock; mairead.maddock@tusla.ie; 085 789 7268

Volume 7, Number 22



Barnardos Family Support Project is now taking referrals for the TLC KIDZ

About the Progamme:

The TLC KIDZ Programme is a 12 week group work programme for Children and their Mothers who have experienced domestic abuse. The concurrent group work programme is facilitated by trained practitioners from a range of services using a collaborative multi-agency ethos, and integrates a trauma informed approach.

Referral Criteria:

- Open to children aged between 5 and 16 (in age appropriate groups)
- Open to children who are no longer living with the person who has been abusive

For Further Information Or To Make A Referral Please Contact:

- Barnardos Carlow (059 9132868 / email: info@carlow.barnardos.ie)
- Or Amber Women's Refuge CLG (056 77 71404/ email: assistantmanager@amberwomensrefuge.ie)
- Or TLC KIDZ Project Coordinator (trish.keogh@barnardos.ie/ 086







Free Solihull Approach Online Course for **Professionals**

Supporting you and your workforce to become:

- Trauma-informed Stages & Recovery
- Attachment aware Phases & Relationships
- Neurodevelopment aware Stages & Impact of Adversity The Solihull Approach is an evidence-based course to develop staff understanding. Each course can take as little as 3.75 hours to complete (can be done a little at a time) and results in a certificate of completion for each one.

How do I join in?

Register at https://solihullapproachparenting.com - 'online courses for professionals'

When prompted, use access code CHOPERA PRF When can I complete it?

The courses can be completed at your own pace, a little at a time to allow time to consolidate the learning. The courses are freely available until 15/03/2022.



The groggamme offers young people the apportunity to discuss the move from primary to secondary in a fun & interactive environment.

Hopes/Fears, Well-Being Wohbles & Coping Strategies, Timetables, Study

Support Networks, Friendships, Resilience, Social Media and more

Wednesday July 28th 10.00am to 3.00pm - Ossory Youth, Desart Hall

Places: 12 places max available

Parents Talk available on request

Contact Jacinta Purcell on 087-8876366

ipurcell@ossoryyouth.com







Click here to book



E-Newsletter July 2021 News and Updates for the Irish Youth Work Sector

Click here to view





Child Talks is an opportunity for children to tell their own stories, to share their views and to have their say.

The theme for Child Talks 2021: "My Hopes for the Future"

If you want to take part or find out more email communications@oco.ie, send a voicenote to 0871029039 or fill out the Child Talks application form.

Applications close on Wednesday 11th August. Further information here



Carlow Regional Youth Services in partnership with Cricket Leinster and Carlow Cricket Club are running their first-ever Cricket Summer Camp.

> Places limited. Open to both kids who have played and those who have no experience. Cost 15 Euro.

III DATE: TUESDAY-THURS 2T-25, Ady 2021

> Ages 8 to 11 | 1000 - 1200 Ages 12 to 15 | 1230 - 1430

CAMP LOCATION: Carlow College, 9: Petriol's College Street, Carlow L To book your place pivous ring or book Jimmy Dockey 085 738 9463







KILKENNY

OUTDOOR ADVENTURE DIGITAL SKILLS MUSIC PRODUCTION LEADERSHIP

AGES 12 - 18

More info at: http://bit.ly/drumsummer21

CONTACT Rita: 086-7736976 Jimmy:086-4179031





WEAREFOROIGE







Contact Natalie on 086 7806406





A fun and interactive 3 day camp for young people transitioning from 6th class into 1st year.

Final day includes day trip surfing in Tramore under the guidance of a professional instructor

Limited Spacest

For more information contact Cathy on OSS 833 8732 or Natalis on OSS 780 6406 August 3rd-5th

00am-3:00pm

In Tullow Community School

Casts €30 per persor









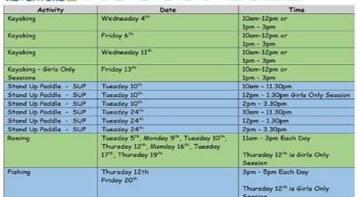


AUGUST 2021









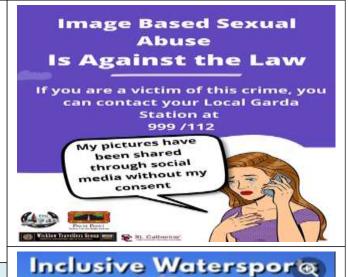
LIMITED NUMBER OF PLACES: Think of Others. Please Only Book One Session Booking On Eventbrite ONLY – no walk in's can be taken on the day.

- ☐ Activities for young people aged 12 - 17 years old
- Participants must be able to swim
- ☐ Very limited changing facilities
- □ Cost is €10 per session booking on Eventbrite
- Registered participants will be contacted with what to bring to & link to Covid-19 Questionnaire prior to session.
- Please follow current public health advice

Eventbrite Registration Links:

Kayaking: https://www.eventbrite.ie/.../carlow-outdoor-adventure...
Rowing: https://www.eventbrite.ie/.../carlow-outdoor-adventure...
SUP: https://www.eventbrite.ie/.../carlow-outdoor-adventure...







Zoom: 18th, 25th and 27th of August, 9a.m. - 1.30p.m.

****To apply for a funded place on the Parents Plus Special
Needs professional training, find out more here****

Closing dates for applications for sponsorship is Friday 30th of July 2021

the Republic of Ireland.





Learning for Everyday Life 2021

- Have you always wanted to return to education?
- Do you want to get out and meet new people?
- · Would you like to gain new skills?
- Are you looking for the first step to enter the workforce?
- Would you like to build your confidence and self-esteem?



If you can answer yes to any of these questions and you have less than a leaving certificate level of education and/or you are in receipt of social welfare then this could be the course for you. St Catherine's Community Services Centre are offering you the opportunity to make a start on your journey to further education or employment.

Location: St Catherine's Community Services Centre

Times: Monday - Friday 9.45 am - 1.00 pm

Start Date: September 2021

Course Duration: Course will run from September 2021 to March 2022

Accreditation: QQI Level 3 Major Award in General Learning

Course Content: The course includes the following modules:

Communications, Mathematics, Computers, Personal Effectiveness,

Career Preparation and Office Procedures

Supports: Course delivered using tutors experienced in delivering adult and

community education. Childcare. One-to-one support and mentoring. Information and guidance provided by Carlow Adult Guidance and

Information service.

To apply please phone Andrea on (059) 9138706 St Catherine's Community Services Centre, St Joseph's Road Carlow



An Roinn Gnóthaí Fostaíochta agus Coimirce Sóisialaí Department of Employment Affairs and Social Protection







Rialtas na hÉireann Government of Ireland



EUROPEAN UNION Investing in Your Future European Social Fund



Ireland's European Structural and Investment Funds Programmes 2014-2020

This course is co-funded by The BTEI Community Strand through KCETB and supported by the Carlow Adult Information and Guidance Service. It is also supported by the DEASP through the Activation and Family Support Programme. BIEI is co-funded by the Government of Ireland and the European Social Fund as part of the ESF Programme for Employability,

Inclusion and Learning 2014-2020



Greenshill Kilkenny 056 7703666 086 1746330

recoverycollegesoutheast@gmail.com

Recovery College South East – Online Recovery Education Programme

You are invited to join us in our new Online Recovery Education Programme. It is free and will help us all feel connected and supported during these times of uncertainty.

Follow the simple steps below to connect to our online interactive workshops.

(For more detailed information on the workshops, please go to the Workshop Section of our Website – www.recoverycollegesoutheast.com)

- Complete the attached enrolment form and email it to the Recovery College South East at <u>enrolrecoverycollegesoutheast@gmail.com</u> or forward it to us by post.

 Alternatively
- 2. Phone us on 086 1746330 to enrol
- 3. Download the free ZOOM app on your mobile phone or/and your laptop.

We are offering a series of 'stand-alone' workshops that deal with specific issues related to maintaining good mental health. The 8 workshops are interrelated yet separate, and allow participants to attend one, more or all of them, depending on your choice and availability.

The workshops are aimed around how best to nourish and preserve our own emotional well-being, and nurture positive mental health. There will be learning opportunity in each workshop and some time for participant discussion

July 2021		
Coping with Stress	Tuesday 13 th July	11am – 12pm
Thinking Errors and Mood	Tuesday 20 th July	11am – 12pm
Procrastination	Tuesday 27 th July	11am – 12pm
August 2021		
Resilience	Tuesday 3 rd August	11am – 12pm
Compassionate Mind	Tuesday 10 th August	11am – 12pm
Dealing with "Worry"	Tuesday 17 th August	11am – 12pm
10 Keys to Happier Living	Tuesday 24 th August	11am – 12pm
Changing Habits	Tuesday 31 st August	11am – 12pm